

COVID-19 Test To Treat: When, where, and how to get tested and treated

Bull City Strong
Community Health Promoters

Presented by
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WHAT DO YOU DO WHEN YOU FEEL SICK?

- A. Lay down and try to sleep it off
- B. Drink lots of water and take over the counter drugs to treat symptoms
- C. Take an at-home COVID-19 test
- D. Keep living life and let your immune system kick-in



- Runny nose
- Sore Throat
- Body Aches
- Congestion
- Loss of taste or sense of smell

EVERYTHING YOU NEED TO KNOW IN ONE LOCATION

Know ***Before*** You Go:

- Know Your ***Status***
 - Keep a stash of at-home test kits; order at [COVID-19 Home Tests and Collection Kits | NC COVID-19 \(ncdhhs.gov\)](https://www.ncdhhs.gov/covid19/home-tests)
- Know Your ***Location***
 - Find Your nearest Test-To-Treat location at [Find A Test To Treat Location | NC COVID-19 \(ncdhhs.gov\)](https://www.ncdhhs.gov/covid19/find-a-test)
- Know Your ***Treatment Options***
 - Find COVID19 treatment options at [Treatments \(ncdhhs.gov\)](https://www.ncdhhs.gov/covid19/treatments)
- Know Your ***Rights***
 - Download and Print your [Know Your Rights pocket card](#)

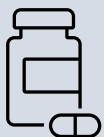
Really? Does it have to be this complicated?



TREATMENTS ARE AVAILABLE



Treatments need to be taken within 5-7 days of symptoms



Oral Antivirals

- **Paxlovid is the treatment of choice**
- Mulnupiravir (Legavrio) is 2nd choice if not eligible to take Paxlovid



IV Monoclonal Antibodies

- **Bebtelovimab is the alternative treatment**
for those who are not eligible to take Paxlovid



Preventative Therapy

- **EVUSHELD is preventative treatment**
for the immunocompromised; injection given every six (6) months



Los tratamientos de COVID-19 pueden disminuir tu riesgo de hospitalización y muerte

Estos tratamientos deben administrarse temprano para que funcionen y requieren una prueba positiva de COVID-19 de cualquier tipo.

Las pruebas y el tratamiento temprano son fundamentales. ¿Tienes síntomas? No esperes para ver si el tratamiento es adecuado para ti.

Las siguientes opciones están disponibles para tratar a las personas que probablemente se enfermen gravemente a causa del COVID-19:



Los antivirales, que son pastillas, deben comenzarse **dentro de los 5 días** posteriores a los primeros síntomas de COVID-19. Estos requieren una receta médica.



Los anticuerpos monoclonales (mAbs), que son inyecciones o infusiones, deben administrarse **dentro de los 7 días** posteriores a los primeros síntomas de COVID-19.



Es posible que haya otros tratamientos disponibles y deben tomarse poco después de que comiencen los síntomas de COVID-19. Si tienes síntomas, **no esperes**, realiza la prueba de inmediato y habla con un proveedor de atención médica.



Para encontrar tratamiento en tu área, visita: [Yacunate.nc.gov/](https://www.ncdhhs.gov/yacunate) [Buscar Tratamiento](#)

Costo y seguro médico

Medicare, Medicaid y algunas compañías de seguros privadas pueden cubrir los costos del tratamiento. Consulta con tu plan de salud para determinar si tendrás que pagar parte de tu tratamiento. ¿No tienes seguro de salud o un médico? Visita [Yacunate.nc.gov/Buscar Tratamiento](https://www.ncdhhs.gov/yacunate) para encontrar centros de Pruebas para Tratar, es decir centros donde puedes hacerte la prueba y conseguir tratamiento en una visita, aunque no tengas seguro médico. Es posible que se te cobre por las pruebas o la evaluación.



Los tratamientos no sustituyen a la vacunación contra el COVID-19. Para obtener más información y encontrar centros de vacunación, visita [Yacunate.nc.gov](https://www.ncdhhs.gov/yacunate).

¿Tienes alguna pregunta?

Habla con tu médico, visita: [covid19.ncdhhs.gov/tratamiento](https://www.ncdhhs.gov/covid19) o llama al 888-675-4567. El servicio de asistencia puede ayudarte si no tienes un proveedor de atención médica.



Departamento de Salud y Servicios Humanos de Carolina del Norte | www.ncdhhs.gov | NCDHHS es un empleador y proveedor que ofrece igualdad de oportunidades. | 7/22

[Treatments \(ncdhhs.gov\)](https://www.ncdhhs.gov/treatments)

SELF TEST & GET TREATED



Treatments need to be taken within 5-7 days of symptoms

Patients under the care of a health care provider and have insurance:



Oral Antivirals: Local chain and independent pharmacies with a valid prescription



IV Monoclonal Antibodies & EVUSHELD: Hospitals and clinics

[Treatment Finder for People with Prescriptions and Providers | NC COVID-19 \(ncdhhs.gov\)](https://ncdhhs.gov/treatment-finder)

GET TESTED & GET TREATED



Treatments need to be taken within 5-7 days of symptoms

For patients without a health care provider and/or do not have insurance *(including under-insured) :



Find the nearest Test-To-Treat Location per your state

- Test-To-Treat locations offer testing and treatment at one location
- Patients **may** bring their own COVID-19 at-home tests with a positive result

[Find A Test To Treat Location | NC COVID-19 \(ncdhhs.gov\)](https://ncdhhs.gov/COVID-19/Find-Test-To-Treat-Location)

NAVIGATING NC DHHS WEBSITES

- Let's find the nearest Test To Treat location with your address or zip code



***FREE** for uninsured,
when tested onsite at a
CVS Minute Clinic



*This information is current as of September 2022

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[Find A Test To Treat Location | NC COVID-19 \(ncdhhs.gov\)](#)

A Review on PAXLOVID



WHAT IS PAXLOVID

- **Anti-viral Medication**
 - Works by inhibiting proteins the virus needs to reproduce itself
- **Daily Dosage(s)**
 - Standard: 300 mg of Nirmatrelvir & 100 mg of ritonavir (Three tablets)
 - Renal dose: 150 mg of Nirmatrelvir & 100 mg of ritonavir (Two tablets)
- **Directions**
 - Take two to three tablets by mouth two times a day (AM and PM) for 5 days
- **Special Instructions**
 - Swallow whole with or without food
 - May require adjustments to other medication(s)



WHO IS ELIGIBLE FOR PAXLOVID



A medical provider must advise the patient on dose adjustments, temporary stopping of medication(s), and the clinical monitoring needed during and after the 5-day treatment.

Eligibility

- Non-hospitalized Patients ≥ 12 years of age and weigh ≥ 40 kg (88lbs)
- Mild to moderate COVID-19 symptoms and **high-risk** for disease progression
- Patients who are within their first 5 days of symptom onset

Benefits

- 88% effective in preventing hospitalization and/or death
- Expected to maintain effectiveness across all variants

WHO IS NOT ELIGIBLE FOR PAXLOVID



A medical provider must advise the patient on dose adjustments, temporary stopping of medication(s), and the clinical monitoring needed during and after the 5-day treatment.

Contraindicated (Do Not Take)

- Patients who have end-stage renal disease with a GFR < 30 mL/min
- Patients taking rivaroxaban (Xarelto) for thinning the blood
- Patients taking salmeterol (Serevent) for Asthma/COPD

Maybe (Requires dose adjustments)

Patients with or taking:

- *Chronic Kidney disease*
- Statins to lower cholesterol
- Blood thinners for stroke
- Steroids to reduce inflammation
- Hormonal contraceptives for birth control
- Sedatives to treat pain, anxiety, and/or depression

HOW WE KEEP EQUITY AT THE CENTER?

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WHAT QUESTIONS DO YOU HAVE?