



## Bull City Strong – Community Health Promoters Program

Tuesday October 6, 2022: 10-11:30am

### Agenda

- I. Welcome/Opening
- II. Suggested Meeting Ground Rules:
  - Contribute to meeting goals and think before speaking
  - Let everyone participate
  - Use “I” statements
  - Listen with an open mind and to understand
  - Be respectful when speaking
  - Don’t be afraid to speak up
  - It’s fine to ask for clarification
  - Understand everyone is in a different place. Offer each other grace and let’s meet each other where we are
- III. Warm-up: Your name & if you were to host your own talk show, who would be your 1<sup>st</sup> guest?
- IV. Chronic Disease presentation – L’Tanya Gilchrist, CHW
- V. Announcements and Closing