

## Bull City Strong – Community Health Promoters Program

## Tuesday, September 20, 2022: 10-11:30am

## Agenda

## I. Welcome/Opening

- II. Suggested Meeting Ground Rules:
  - Contribute to meeting goals and think before speaking
  - Let everyone participate
  - Use "I" statements
  - Listen with an open mind and to understand
  - Be respectful when speaking
  - Don't be afraid to speak up
  - It's fine to ask for clarification
  - Understand everyone is in a different place. Offer each other grace and let's meet each other where we are
- III. Warm-up: Your name & 1 suggestion that you want to share about how to improve the training sessions
- IV. Health Literacy and Teach Back Method I
- V. Announcements and Closing