

## COVID-19 Test-To-Treat:

### When, where, and how to get tested and treated

<b>Bio</b>	Doctor LaQuoia Johnson is a pharmacist consultant for the NC Department of Health and Human Services. With nearly two decades of clinical and leadership experience in pharmacy, she has a strong background in educating patients, caregivers, and providers about treatment options, risks versus benefits of treatment, and potential cost saving strategies, so that patients are empowered to make the best decisions for improving their health and quality of life.
<b>Slide 1</b>	<p>Title slide shows a picture of a group of diverse medical professionals in scrubs behind a provider of color wearing a white lab coat and a stethoscope around the neck.</p> <p>This presentation entitled COVID-19 Test-To-Treat: What, where and how to get tested and treated is presented to the Community Health Promoters. The presenter is Dr. LaQuoia Johnson, consultant Pharmacist for the North Carolina Department of Health and Human Services. The presentation will take place on Tuesday, September 27<sup>th</sup> at 11:00 AM.</p>
<b>Slide 2</b>	<p>Question: What do you do when you feel sick? If you were to begin having symptoms such as a runny nose, fever, congestion, and body aches, what would you do?</p> <p>A-Lay down and try to sleep it off B-drink lots of water and take over the counter drugs to treat the symptoms C- Take an at-home COVID test D- Keep living life and let your immune system kick-in</p>
<b>Slide 3</b>	Picture of lady sitting in front of her laptop with her hands folded in front of her mouth and nose. Bubble above her head says, "Really? Does it have to be this complicated."

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	<p>It's frustrating not being able to find the information you need to help yourself and/or those around you. So, I've put everything you need to know on one slide. If you have to leave early from this presentation, this one slide will tell you everything you need to know by visiting the links. Everything you need to know in one Location</p> <p>This slide tells you everything you need to know in one location and coincides with the Know Before You Go campaign. All of the links here will take you to the information you need for you and those around you.</p> <ul style="list-style-type: none"><li>• Know your status<ul style="list-style-type: none"><li>○ Keep a stash of at-home test kits; order at <a href="https://www.ncdhhs.gov/covid-19/home-tests-and-collection-kits">COVID-19 Home Tests and Collection Kits   NC COVID-19 (ncdhhs.gov)</a></li></ul></li><li>• Know Your <b>Location</b><ul style="list-style-type: none"><li>○ Find Your nearest Test-To-Treat location at <a href="https://www.ncdhhs.gov/covid-19/find-a-test-to-treat-location">Find A Test To Treat Location   NC COVID-19 (ncdhhs.gov)</a></li></ul></li><li>• Know Your <b>Treatment Options</b><ul style="list-style-type: none"><li>○ Find COVID19 treatment options at <a href="https://www.ncdhhs.gov/covid-19/treatments">Treatments (ncdhhs.gov)</a></li></ul></li><li>• Know Your <b>Rights</b><ul style="list-style-type: none"><li>○ Download and Print your <a href="#">Know Your Rights pocket card</a></li></ul></li></ul>
Slide 4	<p>Treatments are available for COVID19. <b>Treatments need to be taken within 5-7 days of symptoms</b></p> <p><b>Available medications include the following:</b></p> <p><b>Oral Antivirals</b></p> <ul style="list-style-type: none"><li>• <b>Paxlovid is the treatment of choice</b></li></ul>

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	<ul style="list-style-type: none"><li>• Molnupiravir (Legavrio) is 2<sup>nd</sup> choice if not eligible to take Paxlovid</li></ul> <p><b>IV Monoclonal Antibodies</b></p> <ul style="list-style-type: none"><li>• <b>Bebtelovimab is the alternative treatment</b> for those who are not eligible to take Paxlovid</li></ul> <p><b>Preventative Therapy</b></p> <ul style="list-style-type: none"><li>• <b>EVUSHELD is preventative treatment</b> for the immunocompromised; injection given every six (6) months</li></ul>
Slide 5	<p><b>Self -Test &amp; Get Treated</b> <b>Treatments need to be taken within 5-7 days of symptoms</b></p> <p>Patients under the care of a health care provider, with a prescription, and have insurance:</p> <p><b>Oral Antivirals:</b> Available at Local chain and independent pharmacies with valid prescription</p> <p><b>IV Monoclonal Antibodies &amp; EVUSHELD:</b> Available at Hospitals and clinics</p> <p><u><a href="#">Treatment Finder for People with Prescriptions and Providers   NC COVID-19 (ncdhhs.gov)</a></u></p>
Slide 6	<p><b>Get Tested &amp; Get Treated</b> <b>Treatments need to be taken within 5-7 days of symptoms</b></p> <p>For patients without a health care provider and/or do not have insurance *(including under-insured):</p>

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	<p><b>Find the nearest Test-To-Treat Location</b></p> <ul style="list-style-type: none"><li>• Test-To-Treat locations offer testing and treatment at one location</li><li>• Patients <i>may</i> bring their own COVID-19 at-home tests with a positive result</li></ul> <p><a href="#">Find A Test To Treat Location   NC COVID-19 (ncdhhs.gov)</a></p>
Slide 7	<p><b>Navigating NC DHHS Websites</b></p> <ul style="list-style-type: none"><li>• Let's find the nearest Test To Treat location with your address or zip code on the NC DHHS website</li></ul> <p>...during this time, we will go to the DHHS website and find you nearest location</p> <p><b>*FREE for uninsured, when tested onsite at a CVS Minute Clinic</b></p> <p>Picture of CVS/Pharmacy building</p> <p>Map of Test-To-Treat sites in North Carolina</p> <p><a href="#">Find A Test To Treat Location   NC COVID-19 (ncdhhs.gov)</a></p>
Slide 8	<p><b>A review on Paxlovid</b></p> <p>Picture shows the outer packaging of the oral antiviral and the inside blister pack with pills</p>
Slide 9	<p><b>What is Paxlovid</b></p>

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	<p>Picture of Paxlovid packaging Picture of actual tablets. Seven oblong pink tablets and four oblong white tablets.</p> <ul style="list-style-type: none"><li>• <b>Anti-viral Medication</b><ul style="list-style-type: none"><li>• Works by inhibiting proteins the virus needs to reproduce itself</li></ul></li><li>• <b>Daily Dosage(s)</b><ul style="list-style-type: none"><li>• Standard: 300 mg of Nirmatrelvir &amp; 100 mg of ritonavir (Three tablets)</li><li>• Renal dose: 150 mg of Nirmatrelvir &amp; 100 mg of ritonavir (Two tablets)</li></ul></li><li>• <b>Directions</b><ul style="list-style-type: none"><li>• Take two to three tablets by mouth two times a day (AM and PM) for 5 days</li></ul></li><li>• <b>Special Instructions</b><ul style="list-style-type: none"><li>• Swallow whole with or without food</li><li>• May require adjustments to other medication(s)</li></ul></li></ul>
Slide 10	<p><b>Who is eligible for Paxlovid</b> A medical provider must advise the patient on dose adjustments, temporary stopping of medication(s), and the clinical monitoring needed during and after the 5-day treatment.</p> <p><b>Eligibility</b></p> <ul style="list-style-type: none"><li>• Non-hospitalized Patients <math>\geq 12</math> years of age and weigh <math>\geq 40</math> kg (88lbs)</li><li>• Mild to moderate COVID-19 symptoms and <a href="#">high-risk</a> for disease progression</li></ul>

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	<ul style="list-style-type: none"><li>• Patients who are within their first 5 days of symptom onset</li></ul> <p><b>Benefits</b></p> <ul style="list-style-type: none"><li>• 88% effective in preventing hospitalization and/or death</li><li>• Expected to maintain effectiveness across all variants</li></ul>
Slide 11	<p><b>Who is not eligible for Paxlovid</b></p> <p>A medical provider must advise the patient on dose adjustments, temporary stopping of medication(s), and the clinical monitoring needed during and after the 5-day treatment.</p> <p><b>Contraindicated (People should not take)</b></p> <ul style="list-style-type: none"><li>• Patients who have end-stage renal disease with a GFR &lt; 30 mL/min</li><li>• Patients taking rivaroxaban (Xarelto) for thinning the blood</li><li>• Patients taking salmeterol (Serevent) for Asthma/COPD</li></ul> <p><b>Maybe Eligible (Requires dose adjustments)</b></p> <p><b>Patients with this condition or taking these medications below will require collaboration with a provider who can manage their conditions and treatments:</b></p> <ul style="list-style-type: none"><li>• <i>Chronic Kidney disease</i></li><li>• Statins to lower cholesterol</li><li>• Blood thinners for stroke</li></ul>

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	<ul style="list-style-type: none"><li>• Steroids to reduce inflammation</li><li>• Hormonal contraceptives for birth control</li><li>• Sedatives to treat pain, anxiety, and/or depression</li></ul>
Slide 12	<p><b>How we keep Equity at the center</b></p> <p><b>Know <i>Before</i> You Go:</b></p> <ul style="list-style-type: none"><li>• <b>Know Your Status</b><ul style="list-style-type: none"><li>• Keep a reserve of at-home test kits; order at <a href="#">COVID-19 Home Tests and Collection Kits   NC COVID-19 (ncdhhs.gov)</a></li></ul></li><li>• <b>Know Your Location</b><ul style="list-style-type: none"><li>• Your nearest Test-To-Treat location found at <a href="#">Find A Test To Treat Location   NC COVID-19 (ncdhhs.gov)</a></li></ul></li><li>• <b>Know Your Treatment Options</b><ul style="list-style-type: none"><li>• Find COVID19 treatment options at <a href="#">Treatments (ncdhhs.gov)</a></li></ul></li><li>• <b>Know Your Rights</b><ul style="list-style-type: none"><li>• Download and print your <a href="#">Know Your Rights pocket card</a></li></ul></li></ul>
Slide 13	<p>Background picture of hands raised</p> <p>What questions do you have?</p> <p>This will be a time for you to reflect on what you have just learned and ask any follow-up questions of Dr. LaQuoia Johnson</p>